

## **HEALTH AND SAFETY POLICY**

The right to take part in gymnastics activities in a safe environment, and stay free from harm, applies to everyone and all members must take reasonable steps to ensure they are fully aware and compliant with the relevant aspects of the policy.

Harefield Gymnastics implements its policies to ensure they are compliant with BG Policy and UK legislation. A full copy of the BG Policy can be downloaded from the BG Website. A reference copy is also kept at our registered premises.

The main responsibilities are summarised below:

### **HAREFIELD GYMANSTICS WILL:**

- Ensure that all coaches and helpers have the appropriate BG training and receive training in respect of health and safety. In all addition all club coaches, helpers and officials will hold current, enhanced DBS checks.
- Ensure that there are a number of suitably qualified and trained First-Aiders in the gym during each session and a suitably equipped First Aid Kit kept in the gym cupboard at all times.
- Ensure that the responsibilities for Health, Safety and Welfare are designated to individuals with the necessary skills and experience.
- Keep a register of all participants together with a contact number for their next of kin, parent or guardian and any medical condition is known by the coaches
- Ensure that these arrangements are monitored on a regular basis with documented risk assessments of the club, facility and equipment.
- Keep the arrangements under review and introduce any additional measures considered necessary and reasonably practicable in relation to the operation of the club.
- Appoint a designated Health & Safety officer who has the necessary skills and experience and overall responsibility to maintaining and enforcing this policy.
- Ensure reporting procedures are followed for any accidents or incidents and inform BG of any serious allegations or concerns of poor practice.
- Continue to be accredited with Club Mark, a BG club accreditation scheme that assists clubs to comply with the requirements of British Gymnastics policies and procedures and helps to facilitate the provision of a safe, effective and child-friendly gymnastics environment.

### **MEMBERS WILL:**

- Take reasonable care of their own health, safety and welfare and that of others who may be affected by his/her acts or omissions.
- Ensure that they wear appropriate clothing , which does not impede the freedom of movement required by the activity and is not too loose as to constitute a hazard
- Co-operate with BG, England Gymnastics, the London Region, the County and the club on all issues relating to health, safety and welfare.
- Ensure reporting procedures are followed for any accidents or incidents and inform The Health and Safety Officer and/or Club Welfare Officer of any serious allegations or concerns of poor practice.